Tracy's School Dinners

	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks	Home-made Cheese	Sausage roll ¹²		Roast Chicken	Omega 3 Fish
starting:	and Tomato Pizza ¹²	Or Vege sausage roll ¹²	Macaroni Cheese ¹²	Or Quorn fillet ¹	Fingers ¹⁴⁵
22/04/2024				Stuffing	Or Vege Sticks ⁴¹²
13/05/2024	Potato of the day	Roasted veg cous-cous ¹	Garlic Bread ¹²	Roast Potatoes,	
				Gravy ¹	French Fries
Weeks	Home-made Cheese	Katsu Chicken Curry ¹	Pasta Bolognaise ¹	Sausages in Gravy ¹	Omega 3 Fish
starting:	and Tomato Pizza ¹²	Or Vege Katsu Curry ¹	Or		Fingers ¹⁴⁵
29/04/2024			Tomato Pasta ¹	Or Vege Sausage ¹	Or Vege Sticks ⁴¹²
20/05/2024	Potato of the day	Steamed Rice			
			Garlic Bread ¹²	Mashed Potatoes	French Fries
Weeks	Home-made Cheese	Sausage in Home-made	Meatballs in tomato	Roast Chicken	Omega 3 Fish
starting:	and Tomato Pizza ¹²	roll ¹²	sauce ¹	Or Quorn fillet ¹	Fingers ¹⁴⁵
15/04/2024		Or Vege sausage in a	Or	Stuffing	Or Vege Sticks ⁴¹²
06/05/2024	Potato of the day	roll ¹²	Tomato sauce	Roast Potatoes,	_
				Gravy ¹	French Fries
		Jacket Wedges	Pasta ¹		

All meals are served with seasonal vegetables or choice of salads.

Allergens – You must inform the school of ANY allergies your child has.

Wheat ¹	Seafood ⁵	Sulphites*	* Most food contains Sulphite, if your child is allergic to		
Milk ²	Seasame seeds	Mustard	please inform the school.		
Soy ³	Peanut**		** <u>The School is a Nut free zone.</u>		
Egg ⁴	Tree nuts**		Subject to change at short notice.		
	A home-made pudding with a fruit option will be served every day.				