



Friday 19th May



Dear All,

This week in school we have had a visit from Cromer Police who came to tell us all about how to keep ourselves safe both online and offline. We learnt about who we can trust and who not to trust and ways we can protect ourselves - especially when using electronic devices. PC Mezzetti was delighted with the pictures that Acorn class made him and said we were one of the best behaved schools he had visited. See below for a picture of Acorn's work displayed in the police station!

Even though the weather is improving please could you make sure your child has spare clothes and waterproofs for Forest School.

Best Wishes

Mrs E Sacre – Executive Headteacher

### **This week in class...**

**Preschool** - Preschool has been puzzle crazy this week. After a generous donation from a parent, our interest in puzzles has blossomed. The children have really enjoyed the new challenges. I have also seen some great cooperative play especially building some wonderful Duplo houses and castles. Our Golden Rules have also been regularly discussed and the children have been able to tell me that they should use walking feet inside and to share the toys with each other. We also welcomed Birch Class readers into the setting and the children really enjoyed having some wonderful new readers to listen to.

**Acorn** - This week Acorn class went to gymnastics at North Walsham. First they had to warm up doing some stretching exercises, then progressed onto the equipment. The children had great fun and thoroughly enjoyed the experience. In the classroom we have started learning about India and the continent of Asia. Some children have written a report about the country and all have made and tasted mango lassi, a north indian drink. In maths we have started finding out about fractions, looking at halves of a shape and amount.

**Oak** -Oak Class have had a very busy week in school! In PSHE, we used an experiment to learn about the transmission of germs, seeing how far our glitter spread from one person to the next with a handshake. We also talked about how important personal hygiene was and ways we could keep ourselves clean and healthy. In science, we continued exploring the states of matter topic and made aluminium boats to test how quickly chocolate melted at different temperatures. We watched the thermometer rise all the way up to 79C and the steam rise from the water! We have continued to revise topics in maths and been working on writing about a real life event. A big well done to year 2, who have stayed calm and completed their SATs papers this week. Enjoy a well deserved rest!

**Birch**- Birch class started reading Leo and The Gorgon's Curse this week. This is a graphic novel based on ancient Greek mythology. The children have been practicing their writing skills while reflecting on this text. In Maths we have started working with coordinates on a grid and transitions of shapes. The year sixes have been given a letter regarding surfing next term, an exciting reward for completing their SATS.



## Forest School

Last week in Forest school we found a mega puddle in the middle of our wood. It was endless fun for them, judging the depth, following where it had come from. We talked about the rain and we discussed having a change of clothes next time so they could enjoy the puddle more. We enjoyed hot drinks and smores round the fire and discussed our plans for a breakfast cooked on the fire in our next session!

## Nature Club News

This week in Nature Club the children got busy planting out some tomato plants and carrots in our tyre planters in the playground.

We learned that carrot seedlings have a strong carrot smell and discussed why we thin seedlings out and the things the plants will need to continue to grow. The children also got busy litter picking with our new pickers and weeded around the playground.



## A special visit from Norfolk Police

This week the children enjoyed a special assembly from Jack and Joey from Norfolk Police. The assembly was a great opportunity for the children to meet police officers and see the work they do to keep us all safe. During the assembly the children learned about how we can be safer online and how to recognise and stop bullying. The children also drew their own pictures of policemen and women which have now gone up on the wall in Cromer Police Headquarters.





## Wellbeing

**Flourishing Families is a useful tool** 'designed for families who might want a little extra help meeting their child's needs. We know that parenting can sometimes feel overwhelming but we all share the common goal to give children the best start in life.

'There are all sorts of things that you can get help with, whether it's healthy eating, fun activities or financial support, and this tool was developed to help you work out what you're already doing well and help you find support when and if you need it.'

For more information go to the [Just One Norfolk website](#) and search Flourishing Families. This will take you to an online questionnaire which only takes 5 minutes to fill out, along the way they provide you with useful information, tips and links to further support as well as more in depth advice and guidance once the questionnaire is completed. It is anonymous and there is no obligation to act upon any of the advice or guidance given.

## Talking to Children About Internet Safety: Tips for Parents - Taken from [www.clicksafe.online](http://www.clicksafe.online)

As a parent, teaching your children how to use the internet safely and responsibly is important. Here are some tips for having productive conversations about internet safety with your kids:

1. **Start early.** It's never too early to start talking to kids about internet safety. As soon as your child starts using the internet, ensure they understand basic online safety rules, such as not sharing personal information or talking to strangers online.
2. **Make it age-appropriate.** The internet safety topics you discuss with your child should be based on their age and maturity level. For younger children, this may include discussing the importance of not sharing personal information or talking to strangers online. For older children, you may want to discuss issues like cyberbullying, online privacy, and the risks of sharing too much information online.
3. **Set expectations and boundaries.** Ensure your child knows what's expected of them regarding their online behaviour. This may include setting limits on screen time, establishing rules for social media use, and discussing the types of websites and apps that are off-limits.
4. **Encourage open communication.** Make sure your child knows they can come to you with any questions or concerns about the internet. Encourage them to be open and honest with you about their online activities and any challenges they may face.
5. **Educate yourself.** Stay up-to-date on the latest internet safety issues and trends so you can have informed conversations with your child. Some resources for learning about internet safety include:
  - The website of the National Cyber Security Alliance (<https://staysafeonline.org/>)
  - The website of the Federal Trade Commission (<https://www.ftc.gov/topics/kids-online-safety>)
  - The website of the Internet Safety Technical Task Force (<https://www.internetsafety.tech/>)

Following these tips can help ensure that your child has a safe and enjoyable online experience. Remember, the most important thing is to stay involved and be aware of what your child is doing on the internet.





# NEWSLETTER





## **DIARY DATES**

Monday 22nd May - Birch Swimming

Tuesday 23rd May - **Oak Gymnastics**, Acorn Forest School, **Nature Club 3:15-4:15**

Wednesday 24th May - **Family Learning Afternoon**

Thursday 25th May - **Baking Club**

Friday 26th May - **Last day of term** Yr 3 Music with Mr Weitz , Birch Forest School

Monday 5th June- **First day back**, Birch How Hill Residential

Tuesday 6th June- Acorn Class Trip TBC **Nature Club 3:15-4:15**

Wednesday 7th June-

Thursday 8th June- Yr 6 Surfing

Friday 9th June-

Monday 12th June- Birch Swimming

Tuesday 13th June- **Nature Club 3:15-4:15**

Wednesday 14th June-**Tempest Class Photos**

Thursday 15th June-

Friday 16th June-

Monday 19th June- Birch Swimming

Tuesday 20th June- **Nature Club 3:15-4:15**

Wednesday 21st June- **Oak Class Broads Museum Trip** (School uniform and packed lunch)

Thursday 22nd June-

Friday 23rd June-

Monday 26th June-

Tuesday 27th June-

Wednesday 28th June- Cromer Academy Induction Day Yr 6 (Wed to Fri)

Thursday 29th June-

Friday 30th June