

Tracy's School Dinners

	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks starting: 06/06/2022 27/06/2022 18/07/2022	Macaroni Cheese ¹²⁴ Home-made biscuit ¹²⁴	Chicken Curry ² <i>Or Vege Curry²</i> Steamed rice Lemon & Courgette cake ¹⁴	Beef Burger ¹ <i>Or Vege Burger¹</i> Home-made rolls ¹²⁴ New Potatoes Fruity Rocky road ¹²	Sausages in Gravy ¹ Or Vege Sausage ¹²⁴ Roast Potatoes, Crumble Slice ¹²	Omega 3 Fish Fingers ¹⁴⁵ <i>Or Vege Fingers⁴¹²</i> French Fries Treat Friday pudding ¹²
Weeks starting: 13/06/2022 04/07/2022	Home-made Cheese and Tomato Pizza ¹² New Potatoes Home-made biscuit ¹²⁴	Sausage Roll ¹ <i>Or Vege Sausage Roll¹</i> Pasta Salad ¹ Pancakes with Sauce ¹⁴²	Chicken Burger ¹ <i>Or Vege Burger¹</i> Home-made roll Potato wedges Carrot & Orange Cake ¹⁴	Roast Pork with Apple Sauce <i>Or Vege Sausage Roll¹²⁴</i> Roast Potatoes, Gravy ¹ Jelly & Ice Cream ²	Omega 3 Fish Fingers ¹⁴⁵ <i>Or Vege Fingers⁴¹²</i> French Fries Treat Friday pudding ¹²
Weeks starting: 20/06/2022 11/07/2022	Jacket Potato with choice of fillings ²⁵ Home-made biscuit ¹²⁴	Pasta Bolognese ¹ <i>Or Vege bolognese¹³</i> Garlic Bread ¹² Sticky Toffee Pudding ¹²⁴	Meatballs ¹ <i>Or Vege Balls¹</i> Steamed rice Cheesecake ¹²	Roast Chicken wrapped in bacon Stuffing ¹ <i>Or Vege Chicken¹²⁴</i> Roast Potatoes, Gravy ¹ Yoghurt ²	Omega 3 Fish Fingers ¹⁴⁵ <i>Or Vege Fingers⁴¹²</i> French Fries Treat Friday pudding ¹²

All meals are served with seasonal vegetables or choice of salads.

Allergens – You must inform the school of ANY allergies your child has.

Wheat¹

Seafood⁵

*Sulphites**

Milk²

Seasame seeds

Mustard

Soy³

*Peanut***

Egg⁴

*Tree nuts***

Subject to change at short notice.

** Most food contains Sulphite, if your child is allergic to Sulphites please inform the school.*

****The School is a Nut free zone.**

A Vegan Menu is available on request.