

# Tracy's School Dinners - Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks starting: 18/04/2022 09/05/2022	Tomato Pasta <sup>1</sup>  Homemade biscuit <sup>1</sup>	Vegan Curry <sup>1</sup>  Steamed rice  Cake <sup>1</sup>	Vegan Burger  New Potatoes  Fruit Compote	Vegan Sausage roll <sup>1</sup>  Roast Potatoes and Vegetables  Jelly	Vege Fingers <sup>1</sup>  French Fries  Treat Friday pudding
Weeks starting: 25/04/2022 16/05/2022	Vegan Cheese & Tomato Pizza <sup>1</sup>  New Potatoes  Homemade biscuit <sup>1</sup>	Vegetable Lasagne <sup>1</sup>  Garlic Bread <sup>1</sup>  Cake <sup>1</sup>	Vegan Wrap  Steamed rice  Fruit Compot	Vegan Sausage Roast <sup>1</sup>  Roast Potatoes and Vegetables  Crumble slice <sup>1</sup>	Vege Fingers <sup>1</sup>  French Fries  Treat Friday pudding
Weeks starting: 02/05/2022 23/05/2022	Jacket Potato with Beans, Sweetcorn & Vegan cheese  Homemade biscuit <sup>1</sup>	Vegan Bolognese  Pasta  Cake <sup>1</sup>	Vegan Meatballs <sup>1</sup>  Steamed rice  Jelly	Vegan Chicken Goujons <sup>1</sup>  Roast Potatoes and Vegetables  Chocolate Pot <sup>2</sup>	Vege Fingers <sup>1</sup>  French Fries  Treat Friday pudding

All meals are served with seasonal vegetables or choice of salads.

**Allergens – You must inform the school of ANY allergies your child has.**

**Wheat<sup>1</sup>**

**Seafood<sup>5</sup>**

**Sulphites\***

***\* Most food contains Sulphite, if your child is allergic to Sulphites please inform the school.***

**Milk<sup>2</sup>**

**Seasame seeds**

**Mustard**

***\*\*The School is a Nut free zone.***

**Soy<sup>3</sup>**

**Peanut\*\***

**Subject to change at short notice.**

**Egg<sup>4</sup>**

**Tree nuts\*\***