



Skylarks' Pick'n'Mix Home Learning Menu 15th - 28th June

1. Each day make sure you **read for at least 30 minutes** and **practise spellings/phonics for half an hour** – look at the Home Learning Blue Sky page online for ideas
2. Tackle a maths challenge each day of at least **30 minutes maths** – x tables too!
3. Choose the order you do the menu activities
4. When complete, share some of your work with me on your nsix email for the newsletter.

Topic

- Can you make a model/statue of yourself (or your family). Think carefully about your model's pose, clothes and props to give clues about you and what you are like.
- Measure your resting heart rate (when you are sitting down). You can take your pulse at your neck or your wrist. Next do some vigorous activity for one minute like sprinting or burpees. Then measure your heart rate again; how is it different? Then record how long it takes for your heart rate to return to its resting rate. Record this in a table. Repeat for other exercises, which one raises your heart rate the



most?

- Make a video of your life in lockdown. Plan the different sections first and try to get a balance between the good and not so good aspects.

Literacy

Schools should close forever!

- Do you agree with this statement? Write an argument to persuade people to your way of thinking. Once you have done this, write an argument for the other viewpoint. You could do this as posters if you prefer.
- Acrostic poem Use the initial letters of your name to create an Acrostic poem that describes who you are. (An acrostic poem is one where the first letter for each line is written vertically and spells a word).
- Write a recipe that is all about you! Think of all the things that you do, think, feel, play, show an interest in, dislike etc and weave these ideas into your recipe. e.g. if you like dogs you could write 'Step 1. Add three teaspoons of cuddly spaniels and stir in gently.'

Numeracy

- Which Foods Contain the Most Sugar? Do you know how much sugar is in the food you eat? Take 5 different foods (of a similar type if you can, like breakfast cereals) and find out how much sugar is in each one. Before you start, guess which will have the most and the least. Remember, you need to compare with the same amounts, like 100g. Write up your results as a bar chart. How close was your guess to the actual results?
- Money Bags! Mr P divided 15 pennies among four small bags. He labelled each bag with the number of pennies inside it. He could then pay any sum of money from 1p to 15p without opening any bag. How many pennies did he put in each bag?
- Noah's Ark Noah saw 12 legs walk by into the ark. How many creatures could he have seen? How many different answers can you find? Can you explain how you found out these answers?