



Northrepps Primary School

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Headteacher: Mrs A Hamilton

Blue Sky
Federation



10th October 2017

Dear Parents and Carers,

Our school is a "Nut Free Zone". This is to protect a member of staff who suffers from a severe nut allergy and any future pupils who may also have an allergy to nuts.

If nut allergy sufferers come into contact with a nut product they can suffer life-threatening consequences. A person with a nut allergy does not have to eat nuts themselves to react, it sometimes only needs to be a touch from someone who has eaten them to cause a potentially serious reaction. Therefore, it is so important that we maintain a nut free school.

This means that the following items cannot be bought into school;

- Packets of nuts/any nuts
- Peanut butter sandwiches
- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Cakes made with nuts
- Nutella or Nutella bars
- Chocolates
- Biscuits (Check all biscuit labels and if you are not sure please leave it out).
- Pesto
- Any products that have written on them '**May contain traces of nuts**'.

Please help us in providing a nut free school and in being vigilant when bringing any foods into the school or pre-school, such as snacks, packed lunches and birthday cakes. If you have any queries please come and speak to the office.

Many thanks in advance for your understanding and co-operation.

Yours faithfully

Angie Hamilton
Headteacher

