

## **“Let’s say NO and stick to it!”**

We are delighted to offer parents/carers the opportunity of joining a free two week course, led by Julie Adcock a member of our Family Learning Team that is designed to support parents as their child progresses through their development.

**Thursday 4<sup>th</sup> and 11<sup>th</sup> May 2017, 12.30 pm – 2.30 pm**

**Venue: - Aylsham High School**

During the two weeks, you will be looking at a number of coping strategies and plans that can be implemented to support with those challenging moments of a child’s day-to-day life.

For further information or to book your place please contact our Cluster Family Learning Co-ordinator Monica Harding on 07780 887348 or e-mail [mharding@aylshamhigh.norfolk.sch.uk](mailto:mharding@aylshamhigh.norfolk.sch.uk)

We will meet attendees in the main reception on the first week.



“Why do we find it so hard to say “No” to our children?”

*Being able to set limits and boundaries with your children are all a critical part of having a healthy love for your children. Dr. Robin Smith*



THE  
AYLSHAM  
CLUSTER  
TRUST

**It takes a Whole Community to Educate a Child**